

NO LIFE HALF LIVED

Conversation Support Book



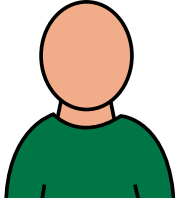
Conversation Support Book



This symbol-based communication and education resource has been created using Boardmaker and other images such as clip art. It is designed to support conversation between two people when one person has communication problems (aphasia) after a stroke.

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Name



Address



Number



Birthday



Family



Occupation



Place of birth



About Me

About Me

Yes/No

Yes



No



Not Sure



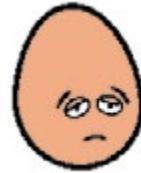
Angry/frustrated



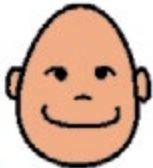
Worried



Depressed



Fine



Happy



Excited

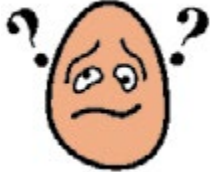


Feelings

Feelings

Feelings

Confused



Bored



Embarrassed



Surprised



Disappointed



Proud



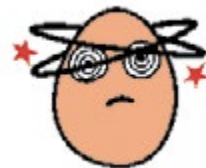
**Difficulty
remembering**



Tired



Dizzy



Cough



Headache



Sick

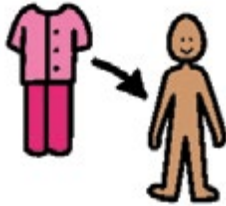


Feelings

Feelings

Self Care

Dressing



Shower



Having a bath



Shaving



Washing your hair



Brushing your hair



Washing machine



Dishwasher



Wash windows



Cook



Vacuum



Make the bed



Household

Household

Use the telephone



Make tea



Iron your clothes



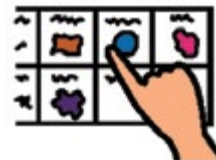
Speech



Write words down



I point to
communicate



Communication
device



Communication
cards



Personal
communication
booklet



Communication

Education

School



College



University



Grandad



Grandmother



Mum



Dad



Son



Daughter



Family & Relationships

Family & Relationships

Husband



Wife



Family



Brother



Sister



Bride & groom



Grandchildren



Neighbours



Family pets



Friends



Family & Relationships

Occupations

Tradesperson



Teacher



Policeman



Fire fighter



Librarian



Armed forces



Hairdresser



Shop worker



Call centre worker



Postal worker



Farmer



Office worker



Occupations

Health Professionals

Dentist



Optician



Chiropodist



Hospital consultant



GP



Nurse



Dietitian



Occupational therapist



Physiotherapist



Speech & language therapist



**Psychologist/
counsellor**

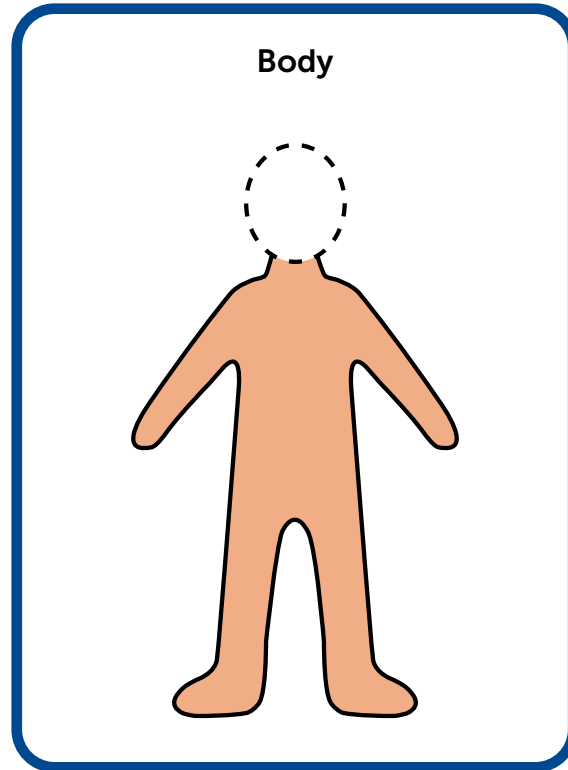


Social worker



Health Professionals

Healthcare



Tests



Appointment



Medicines



Operation



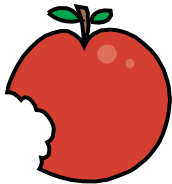
Respite



Healthcare

Healthcare

Diet



Smoking



Weight



Blood Tests



Blood pressure



Alcohol



Hearing aid



Glasses



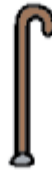
Wheelchair



Communication aid



Walking stick



Walking frame



Equipment & Aids

Places

Pharmacy



Toilet/WC



Hairdresser



Bank



Post office



Garden centre



Museums



Art galleries



Park



Library



Church



Places

Transport

Helicopter



Car



Train



Aeroplane



Taxi



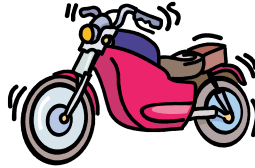
Bus/tram



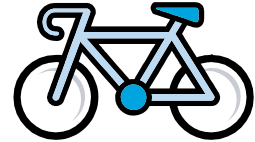
Ambulance



Motorcycle



Bicycle



Lorry



Boat



Horse



Transport

Holidays

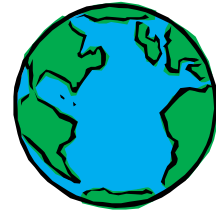
Aeroplane



United Kingdom



Abroad



Beach holiday



City holiday



Caravan



Tea



Water



Coffee



Milk



Orange juice



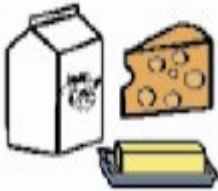
Fizzy juice



Food & Drink

Food & Drink

Dairy foods



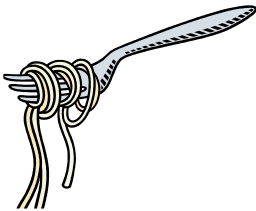
Fruit & veg



Meat/fish



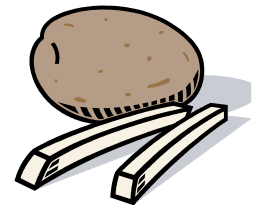
Pasta



Rice



Potatoes



Italian food



Chinese food



Spanish food



Mexican food



Indian food



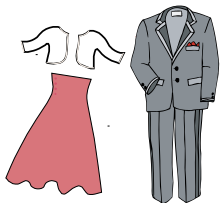
Japanese food



Food & Drink

Shopping

Clothes



Shoes



Grocery



Chemist



Shopping centre



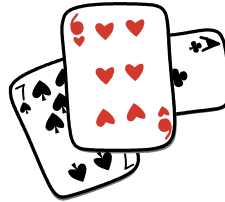
Newsagent



Computers



Cards



Playing bingo



Theatre



Cinema



Watching TV



Leisure & Hobbies

Leisure & Hobbies

Listening to music



Playing sport



Arts & crafts



Gardening



Painting



Dancing



Reading



Writing



Walking



Photography



Cooking



Eating out



Leisure & Hobbies

Sports

Watching sport
on TV



Football



Golf



Cricket



Rugby



Fishing



Swimming



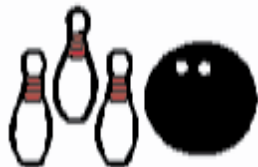
Walking



Boxing



Bowling



Pool/snooker



Tennis



Sports

Music

Listening to music



Singing



Piano



Guitar



Drums



Other instruments



Scottish parliament



Edinburgh castle



Scottish flag



Scottish highlands



Tattoo



Falkirk wheel



Scotland

Television

Sport



Soaps



Comedy



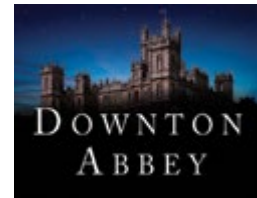
Films



Documentary



Drama



Television



Newspapers



Magazines



Online news



Radio



Talking newspapers



News

CHSS Services

**Individual
communication
support**



**Group communication
support**



Peer support groups



Stroke nurses



Advice Line nurses



Aphasia resources



January
February
March
April
May
June

July
August
September
October
November
December

Months

Days

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

a	b	c	d	e	f
g	h	i	j	k	l
m	n	o	p	q	r
s	t	u	v	w	x
y	z				

Letters

Numbers

1 2 3 4 5 6 7 8 9 10

10 20 30 40 50

60 70 80 90 100

For more advice about communicating with someone who has aphasia, see our Essential Guide:

E19 Communication after stroke

Also available in aphasia-friendly format:

Your stroke journey: part 1

Your stroke journey: part 2

Aphasia wallet card

To view, download or order any of our resources, visit:

www.chss.org.uk/publications

If you'd like more information about our publications, please contact our Health Information team:



www.chss.org.uk



healthinformation@chss.org.uk




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From hospital to home, our **Rehabilitation Support Service** will help you on your road to recovery. Our trained **staff** and **volunteers** will work with you to make sure you get the **support you** need. This support will allow you to **return home** and resume an independent, active life.

Our **Stroke Nurse and Therapist Service** provides **support** for **stroke patients** and their **families** during their return home from hospital. Support continues for up to 1 year **after discharge**.

Our **Advice Line** is staffed by specialist **nurses**. The nurses provide confidential, independent **advice** on all aspects of **stroke**.

Head Office, Rosebery House, 9 Haymarket Terrace, Edinburgh EH12 5EZ
Tel: 0131 225 6963

Advice Line Nurses:  **Freephone: 0808 801 0899**  **advice@chss.org.uk**

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